

Preparation For Ultrasound Scans

Abdominal Ultrasound:

Nothing to eat for 4 hours before your scan. Take medication as normal.

Please bring your referral with you.

Pelvic / Renal Ultrasound:

Empty your bladder 1 hour before your scan then drink 700-1000mls of water and hold so that your bladder is full for your scan.

Please bring your referral with you.

Abdominal and Pelvic Ultrasound:

Nothing to eat for 4 hours before your scan. Take medication as normal.

Empty your bladder 1 hour before your scan then drink 700-1000mls of water and hold so that your bladder is full for your scan.

Please bring your referral with you.

Renal Artery Doppler Ultrasound:

Nothing to eat for 4 hours before your scan. Take medication as normal.

Empty your bladder 1 hour before your scan then drink 700-1000mls of water. You do NOT need a full bladder.

Please bring your referral with you.

All other Ultrasound Scans:

No preparation required.

Please bring your referral with you.